Tenant Newsletter

Spring is here!



Although we will all remember winter 2014-2015 because of the relentless and historically low temperatures and record-setting consecutive days below freezing, the first warm rays of spring sunshine are here to help the memories fade like the melting snow. New growth abounds, and the lengthening days are providing opportunities for mingling on outdoor terraces and breathing in fresh air.

Cycling to work

The number of cycling enthusiasts is on the rise, and the trend promises to continue. As soon as the nice weather arrives, many of you like to take out your bicycles for fun and even to ride to work. Fortunately, the **Sun Life Building** is located near a number of bicycle routes. We encourage you to use this means of transportation, because it is not only good for the environment, but also for your health and your wallet!

For some years now, we have made two storage rooms available for your bicycles. These rooms are located on the same level as the loading dock (Basement Level 1). Don't hesitate to use them! If you would like to have access to these rooms, please contact the Security Department, at 393-7700.

E-cigarettes at the office

Ever since the introduction of e-cigarettes onto the Québec market, their use in public places has been controversial. These devices come with serious warnings, and for good reason, because nobody really knows the health effects. The federal government intends to introduce legislative framework for the sale and use of e-cigarettes in the near future. The National Director of Public Health in Québec City "asks the public to abstain from using electronic cigarettes and all other comparable products, whether or not they contain nicotine, until the effects of their use on health are better understood". The World Health Organization has also taken the position of banning the sale of these devices to minors and their use in public places until the health effects of their use are better understood.

As a responsible Real Estate Manager, Bentall Kennedy recently adopted a policy respecting the use of e-cigarettes in all of the buildings under its care, in keeping with the recommendations issued by the agencies responsible for health legislation. Therefore, e-cigarettes are now considered to be the same as regular cigarettes, and all of the rules and restrictions that apply to regular cigarettes also apply to e-cigarettes. In order to provide a healthy environment, the use of e-cigarettes is prohibited in all work areas. They may seem less harmful than regular cigarettes, but they are not without risk.

hat's new?

Over the coming weeks, we encourage both regular smokers and those who consume e-cigarettes to respect the "smoke free" zones near the main entrances and stairways where there are ashtrays in order to ensure the comfort of the majority of people. From now on, we're smoke-free and e-cigarette-free at the office!

Enjoy the spring and the fresh air!

Ryan Zamestrieus Property Manager

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A sweet treat

The central-east entrance to the **Sun Life Building** was transformed into a traditional sugar shack for a few hours, with hot taffy on snow rolled on sticks – just to remind us that spring is finally here and nature is awakening. Taffy is made by heating the syrup until it begins to harden. There are more than 10,000 maple syrup producers In Québec, and we generate 85% of the world's maple syrup!

Important dates to remember:

April 22	Earth Day – Hydro-Québec event
May 4	Yazz - Sale of Québec-made arts and crafts
May 8	Fundraiser - MS Society of Canada
May 10	Mother's Day
May 18	Victoria Day (statutory holiday)
June 5	World Environment Day





Earth Day

We will be celebrating **Earth Day on April 22, 2015**, and we invite you to participate in activities aimed at breathing new life into our planet. To mark this day, the **Sun Life Building**, in collaboration with Hydro-Québec, will host an energy-efficiency information booth in the main lobby between 11:30 a.m. and 2:00 p.m. All visitors who fill out an entry form will be entered into a draw to win a kit comprised of water- and energy-saving products.

The Bentall Kennedy team at your service!

Please feel free to contact us if you have any requests or if you need information.

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SUN LIFE BUILDING PARKING FACILITY Vinci Park



Sun Life celebrates 150 years

In 2015, **Sun Life Financial**, as it is now called, is celebrating its 150th Anniversary. Founded by Mathew Hamilton Gault, an important member of the Montréal business community, this insurance company emerged during the Victorian era, just as numerous industrial advancements opened up new horizons, and just before Canada became a country (Confederation – 1867).

An impressive architectural legacy

Originally established within the financial and commercial district along rue Saint-Jacques, where the main banks were located in Old Montréal, the Company's directors decided to move their new head office a little north to Dorchester Square (formerly Dominion Square) at the beginning of the 20th Century, due to rapid growth. This daring move pioneered the migration of a portion of the business community to the current downtown area. The construction of the Sun Life Building was carried out in three phases between 1914 and 1933. The Sun Life Building is now a precious jewel in Montréal's construction heritage.

A part of local and international history

Declared to be one of the most breathtaking and imposing buildings in the British Empire at the time, the **Sun Life Building** also played a role in history. Winston Churchill's government used a reinforced chamber located in the third basement level to hide \$5 billion in foreign securities for the Bank of England during the Second World War, which helped to finance the war effort. Within the context of Operation "Fish", British ships crossed the North Atlantic and secretly shuttled the fortune to Halifax, from where it was forwarded to Montréal by train. Legend has it that the British Crown Jewels were also stashed here.



Next issue of the What's new? newsletter

Do you have any **comments** or **questions**? Do you have a **topic** for an article or an **announcement** that you would like to publish in our next issue? Please don't hesitate to contact us by e-mail (nbordeleau@bentallkennedy.com), by phone (514-393-7725) or by fax (514-393-9820).