

# What's new?

Tenant Newsletter



## A green Centennial!

The City of Montréal is getting ready to ban all plastic bags within its territory, and a number of companies and organizations are eliminating the distribution of single-use plastic water bottles, but the proportion of plastic among the solid waste at municipal landfill sites continues to increase.

Researchers at the universities of Georgia and California have determined that 8.3 billion tons of plastic was produced between 1950 and 2015, including 6.3 billion tons of virtually non-biodegradable material. Only 9% of this plastic has been recycled, 12% has been incinerated, and more than 79% has accumulated in landfill sites or in nature, most notably in the oceans, where more than 8 million tons of plastic waste are dumped every year<sup>1</sup>.

Everyone has seen the powerful and distressing images of the vortex of waste floating in the North Pacific, essentially forming a seventh continent with a surface area equivalent to two-thirds of the size of Quebec.

These staggering figures give us cause to reflect on the use and recycling of plastic materials. They force us to question our own consumption habits and review our individual behaviour. The same is true for companies and all levels of government.

In recent years, the property management team at the Sun Life Building has been resolutely focused on improving the social and environmental impact of the buildings that are entrusted to our care. These efforts have led to the creation of ForeverGreen, our organizational responsibility platform, and we encourage you to participate within your company.

Thanks to the commitments that you have made, the efforts of every individual, the exceptional work carried out by the Bentall Kennedy management team on a daily basis, with the support of the owners of the Sun Life Building, and all of its tenants, the Sun Life Building was the first centennial building in North America to merit BOMA BEST Platinum Certification. We are particularly proud of simultaneously achieving both this venerable age and this highest level of environmental certification, which attests to our commitment to sustainability, and we have you to thank.

The Sun Life Building is proud to celebrate being green along with its Centennial!

### Ryan Zamestrieus

Senior Property Manager



**Bentall  
Kennedy**

**Appointments**



**Yves-André Godon**  
Certified Real Estate  
Broker AEO

Senior Vice-President,  
Montréal Region

We are pleased to announce the appointment of **Yves-André Godon** to the position of Senior Vice-President, Montréal Region for Bentall Kennedy. He will supervise the portfolio managed by the company throughout Québec, and will be fully responsible for managing its real estate assets and services, including property management and leasing.

After having begun his career as a lawyer, Yves-André quickly shifted gears to follow his dream of working in real estate, and has since acquired extensive experience during more than 25 years in the commercial sector. He has held the positions of Vice-President of Leasing for Trizec Properties in Eastern Canada; Managing Director, Canada, for the SITQ, where he had oversight of the Caisse's Canadian portfolio, and as EVP of Hotels and Multi-Residential where he had global responsibility; and CEO of Triovest. Before joining Bentall Kennedy, Yves-André was Senior Vice-President at Carbonelo Real Estate, a specialized investment firm that is active in the retail property market in Montréal.



**Marie Laurence**  
Vice-President, Leasing

**Marie Laurence** recently joined the Bentall Kennedy management team as Vice-President of Leasing. She boasts more than 15 years of real estate experience, having previously worked as Leasing Director at CBRE after holding similar positions at Cominar Real Estate Investment Trust and Alexis Nihon Real Estate Investment Trust. Marie Laurence will head the leasing team.

<sup>1</sup><http://advances.sciencemag.org/content/3/7/e1700782>

## Important dates to remember

<b>June 24</b>	Québec National Holiday
<b>July 1</b>	Canada Day
<b>July 11</b>	Frozen treats
<b>September 3</b>	Labour Day

## Biking to work!

The Sun Life Building offers free indoor bicycle parking for cycling enthusiasts who wish to bike to work. There are more than 100 spaces in two rooms located on the first basement level. They can be accessed using the ramp located at 1210, Mansfield Street.

**For more information, contact the Management Office at 514-393-8820.**



## The Bentall Kennedy team at your service!

Please feel free to contact us if you have any requests or if you need information.

**Main telephone number: 514-393-8820**  
**Main fax number: 514-393-9820**

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### SUN LIFE BUILDING PARKING FACILITY

**INDIGO**  
514 393-8820, extension 2554

## BOMA BEST Platinum

The Sun Life Building shines on its 100<sup>th</sup> Anniversary, receiving BOMA BEST Platinum Certification – a first for a centennial building in North America.

The Sun Life Building, which is owned by Sun Life Financial and the consortium headed by Groupe Petra, received BOMA BEST Platinum Certification, an honour reserved for buildings that stand apart for their excellence and best practices in terms of environmental performance and management. The Sun Life Building is the first centennial building in North America to receive this honour.

Criteria for BOMA BEST Platinum Certification include energy and water savings, waste reduction, the use of non-toxic materials, sound management of hazardous goods and air quality. These criteria reflect the sustainability commitments made by the Bentall Kennedy property management company through its ForeverGreen program, which focuses on energy efficiency and reducing carbon emissions, waste diversion, water conservation and maintaining a healthy work environment.

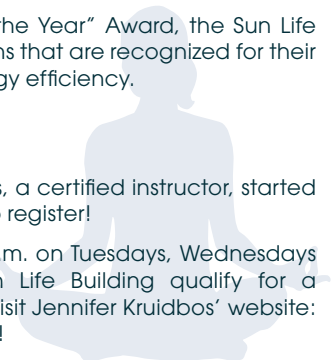
The recipient of the BOMA “2017-2018 Historical Building of the Year” Award, the Sun Life Building is also part of a network comprising large corporations that are recognized for their leadership and exceptional performance in the area of energy efficiency.



## Yoga: Summer session

The Summer session of yoga classes, led by Jennifer Kruidbos, a certified instructor, started on June 1, 2018 at the Sun Life Building, and there's still time to register!

The classes are held in Suite 1020 on the 10<sup>th</sup> Floor at 12:45 p.m. on Tuesdays, Wednesdays and Thursdays, and tenants and employees of the Sun Life Building qualify for a preferential rate. For more information, or to register, please visit Jennifer Kruidbos' website: [jenniferkruidbos.com/sunlife](http://jenniferkruidbos.com/sunlife). If you're not sure, try a free class!



## Next issue of the What's new? newsletter

Do you have any comments or questions? Do you have a topic for an article or an announcement that you would like to publish in our next issue? Please don't hesitate to contact us by e-mail ([nbordeleau@bentallkennedy.com](mailto:nbordeleau@bentallkennedy.com)), by phone (514-393-7725) or by fax (514-393-9820).

[microhabitat.ca](http://microhabitat.ca)



## A vegetable garden on the roof!

The Sun Life Building has joined forces with MicroHabitat to initiate a rooftop urban project! It will soon be time to start growing the freshest and most ecological produce – fruits, vegetables, fine herbs and edible flowers. The first harvest will be donated to *Accueil Bonneau*, a charitable organization that provides support for homeless people and those at risk of being homeless. The vegetable garden will include approximately 30 pots, and will feature an automated irrigation system. It will require weekly maintenance, which will be overseen by a number of gardeners.

[alveole.buzz](http://alveole.buzz)



## Adoption of two beehives

A few days ago, the Sun Life Building adopted two beehives, which will be placed on the roof of the 11<sup>th</sup> Floor in early July. The hives will encourage pollination in an urban setting, and will definitely produce honey! This initiative is made possible thanks to the team at Alvéole, an organization that combines apiculture, education and community. Its mission is to promote apiculture as a means for changing the urban landscape!